



BAYSIDE & DISTRICT
NETBALL ASSOCIATION INC.

Bayside & District Netball Association

Umpire Handbook

Congratulations and welcome to umpiring at Bayside & District Netball Association! Integral to netball are confident, passionate and skilled umpires to keep the game safe, fair and fun. Umpiring is also a fantastic way to learn life long leadership skills, and learn a side-hustle for extra income.

This document will provide you with the Guidelines and Expectations for Umpiring at Bayside. Please ensure you read and understand the content and please let us know of any questions

Trainees Responsibility to the Association

- Ensure you have access to a rulebook, you can download the Rules of Netball app from the app store.
- Get your umpiring availability to the Coordinator by Wednesday 12pm each week.
- You should always arrive 15 minutes before your game time with all necessary equipment and mentally ready for the task.
- No use of mobile phones while umpiring and do not take your phone to the court.
- If you decide to bring a drink bottle or extra jacket, these items should remain next to the scorer or in the umpire room and must not be left between courts as they are a safety hazard.
- Take the non-spectator side when you are a beginner umpire.
- Put 100% effort and commitment into every game you umpire.
- Be courteous, approachable, and honest about what you know and what you still need to learn. The more you question and investigate, the better you learn the game.

The Association's Responsibility to the Trainee:

- Provide a strong pool of umpires with leadership and experience to guide the trainee.
- Provide quality mentoring and support.
- Allocate games appropriate to the trainee's level of experience.



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- Timely and respectful communication on any other enquiries.

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Uniform Policy

Please refer to our Umpire Uniform Policy (attached)

Uniform – Trainee

As a trainee, you require:

- White T-Shirt
- Black, Navy or White Leggings
- Comfortable Sports Shoes
- Hair Tied Back
- Good quality, loud finger grip whistle and hair-tie
- White, Black or Navy long sleeves are permitted as long as they are worn underneath the uniform - White hat and jacket if required
- Sunglasses are not permitted

Uniform – Shop

Once we are comfortable with your level of umpiring, you will be elevated to a White Umpire. As a White Umpire, you will be able to purchase a Bayside uniform at the courts, via cash or card.

The Bayside uniform consists of:

- Polo (\$39.00)



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- Skort (\$40.00)
- Spray Jacket (\$75.00) – *Optional but recommended*

We have a clear uniform policy to ensure our umpires look professional and are easily identifiable.

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Umpiring Bag

We recommend you have a bag that comes with you to umpiring that has the following

- items:
- Extra and all weather umpiring uniform
 - Band-aids, pain relief and any first aid/medication/intimate care items you may need
 - Snack
 - Rule book (digital or hard copy)

Whistle

Please ensure that before you begin your training you have a suitable metal finger-grip whistle. The best whistle to purchase is the Acme Thunderer, or the Gilbert brass finger grip whistle. These can be purchased online or in person from Rebel sport. Please avoid department store whistles. You can clean your whistle by soaking it in boiling water (this will also make it louder).



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Trainees Umpire – Beginner – Development Timeline (Approx)

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| 1 - 3 (Umpire in Training) | <ul style="list-style-type: none">- Know the area they control- Blow the whistle for centre pass, and understand who has control of infringements by the centre- Indicate goal scored- Keep track of centre pass- Sanction obvious contacts and obstruction- Introduce vision practice: footwork, obstruction, and beyond to the play- By week 3, trainees should be able to call and indicate throw ins |
| 4 - 6 (White Umpire) | <ul style="list-style-type: none">- All of the above without prompting- Showing a change of pace in accordance with the speed of the game- Develop terminology and hand signals- Develop vision practice: footwork, obstruction, and beyond to the play- Sanction obvious footwork and offside infringements- Practice counting 3 seconds for held ball- Signal each centre pass and announce whose centre it is |

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| 7 - 9 (Bronze Umpire) | <ul style="list-style-type: none">- All of the above without prompting- Confident voice and whistle- Positioning level with play or slightly ahead- Achieve consistency with hand signals and terminology- Call held ball- Develop vision and awareness of infringements at a thrown in |
| 10 - 12 (Silver Umpire) | <ul style="list-style-type: none">- All of the above without prompting- Practice re-positioning to ensure clear view of play- Use of correct terminology and hand signals- Recognise all footwork infringements- Recognise and penalise over a third- Demonstrate awareness of advantage rule (Advantage Goal only)- Develop consistency with decision making |

*Adapted from Netball Victoria's Mentor Workshop booklet.



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Trainee Umpire – Beginner Summary of Key Competencies to be achieved –

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| Communication |
| Uses firm, decisive and clearly audible voice and whistle |
| Attempts correct terminology and hand signals |
| Game Management |
| Conducts pre-match checks and formalities effectively |
| Keeps centre passes and signals goals |
| Shows some ability to manage stoppages |
| Positioning, Vision and Timing |
| Positions level with or slightly ahead of the ball on the sideline, times movement to goal line in relation to play |
| Demonstrates re-positioning to gain a clear view of the play |
| Minor Infringements |
| Recognise and penalise obvious infringements: <ul style="list-style-type: none">- Related to playing areas- Related to playing the ball- Related to the footwork rule |
| Major Infringements |
| Recognise and penalise obvious instances of obstruction: <ul style="list-style-type: none">- Player in possession of the ball- Player not in possession of the ball- Defending from out of court |



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Recognise and penalise obvious instances of contact (Rule 12.2)

- Physical contact using any part of the body to limit an opponent's ability to move freely (this includes but is not limited to pushing, tripping, holding or leaning)
- Knocking or hitting a player including when shooting for goals
- Placing hand/s on the ball held by an opponent
- Hitting the ball held by an opponent or removing it from an opponent's possession - While holding the ball, pushing it into an opponent

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Trainee Umpire - Silver Umpires – Key Competencies to be Achieved

Umpires who have graduated from the trainee program and are working towards their C badge.

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| Communication |
| Uses firm, decisive and clearly audible voice and whistle |
| Uses correct terminology and hand signals |
| Game Management |
| Conducts pre-match checks and formalities effectively |
| Accurately keeps centre passes and signals goals |
| Shows some ability to manage stoppages |
| Works well with co-umpire |
| Positioning, Vision and Timing |
| Positions level with or slightly ahead of the ball on the sideline, times movement to goal line in relation to play |
| Demonstrates re-positioning to gain a clear view of the play |



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Uses vision to take a clear view of the court area where the ball is, and the players in the immediate vicinity

Reaction time is appropriate to game standard and is consistent throughout the court and the game

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Minor Infringements

Recognise and penalise obvious infringements:

- Related to playing areas
- Related to playing the ball
- Related to the footwork rule

Major Infringements

Recognise and penalise obvious instances of obstruction:

- Player in possession of the ball
- Player not in possession of the ball
- Defending from out of court

Recognise and penalise obvious instances of contact (Rule 12.2)

- Physical contact using any part of the body to limit an opponent's ability to move freely (this includes but is not limited to pushing, tripping, holding or leaning)
- Knocking or hitting a player including when shooting for goals
- Placing hand/s on the ball held by an opponent
- Hitting the ball held by an opponent or removing it from an opponent's possession
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Advantage

Applies the advantage rule where an advantage goal is scored

*Taken from the Netball Australia Key Badge Competencies document



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Useful Tips

- “Call the easy thing before the hard thing happens”
- Example: WD contacts WA, causing the WA to step with the ball. Call the contact infringement, before having to make a decision on whether to call a stepping infringement.
- “Umpire as you would want to be umpired”
- “This may be the only game these players play a week, and they really enjoy it, so respect that fact with a committed effort to umpire correctly and consistently”
- “When a player begins taking out their frustration with your umpiring or the other players in how they play, such as playing rougher, that’s when game management is necessary”
- “Manage the game before game management is necessary” Example: sanction contacts quickly and decisively during a contested game to avoid frustration and possible dangerous play by players. ▪
- “Practice the rules and engage with the players”
- “Not watchers, but observers; not to look, but to see; not to spectate, but to understand and act”**Useful Contacts at BDNA**

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Useful Contacts

Co-Head Umpires

Lani Yaksich & Sam Cameron

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Netball Manager



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